

**- Family History -** Fill in health information about your family.

| Relation | Age | State of Health | Age at Death | Cause of Death | Check (✓) if, your blood relatives had any of the following: |                        |
|----------|-----|-----------------|--------------|----------------|--|------------------------|
|          |     |                 |              |                | Disease  | Relationship to you    |
| Father   |     |                 |              |                |  | Arthritis, Gout        |
| Mother   |     |                 |              |                |  | Asthma, Hay Fever      |
| Brothers |     |                 |              |                |  | Cancer                 |
|          |     |                 |              |                |  | Chemical Dependency    |
|          |     |                 |              |                |  | Diabetes               |
|          |     |                 |              |                |  | Heart Disease, Strokes |
| Sisters  |     |                 |              |                |  | High Blood Pressure    |
|          |     |                 |              |                |  | Kidney Disease         |
|          |     |                 |              |                |  | Tuberculosis           |
|          |     |                 |              |                |  | Other                  |

**- Hospitalizations -**

| Year | Hospital | Reason for Hospitalization and Outcome |
|------|----------|--|
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |
|      |          |  |

Have you ever had a blood transfusion?  Yes  No  
 If yes, please give approximate dates \_\_\_\_\_

| Serious Illness/Injuries | Date | Outcome |
|--------------------------|------|---------|
|                          |      |         |
|                          |      |         |
|                          |      |         |
|                          |      |         |
|                          |      |         |
|                          |      |         |

**- Pregnancies -**

| Year of Birth | Sex of Birth | Complications if any |
|---------------|--------------|----------------------|
|               |              |                      |
|               |              |                      |
|               |              |                      |
|               |              |                      |

**- Health Habits -**

Check (✓) which substances you use and describe how much you use.

|  |          |  |
|--|----------|--|
|  | Caffeine |  |
|  | Tobacco  |  |
|  | Drugs    |  |
|  | Other    |  |

**- Occupational -**

Check (✓) if your work exposes you to the following:

|  |               |                      |
|--|---------------|----------------------|
|  | Stress        | Hazardous Substances |
|  | Heavy Lifting | Other                |

Occupation \_\_\_\_\_

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.

\_\_\_\_\_  
Signature Date

\_\_\_\_\_  
Reviewed By Date